Since 2011-12 a series of seminars (6-7 per academic year) has been offered to P.hD candidates, with a view to pave the way towards more structured doctoral studies. The seminars are conducted by faculty members, postgraduate fellows and invited professors from other, Greek and foreign universities. Within the same framework, young PhD holders or PhD candidates close to finishing their theses in the University of the Peloponnese or other Greek or foreign universities, present their work. The aim of these activities is to offer the PhD candidates a friendly forum where constructive feedback and criticism will help them improve their research, in view of the demands of supporting their theses. Workshops aiming at improving the participants' skills and knowledge in qualitative and quantitative research methodology are also offered.